

WORKSHEET ON EFFECTIVE CONVERSATION

Compare and contrast the following feedback statements. Which is most effective? Why?

A	You seem to be avoiding me because when I greeted you this morning, you looked away. Are you mad at me? Let's talk about it.
B	I feel ignored because when I greeted you this morning, I did not hear you greeting me back. I feel that honesty is important in our relationship, so I would appreciate it if you could tell me why. Can we talk about it?
C	I feel sad and hurt because when I greeted you this morning, I did not hear you greeting me back. I am curious to know why and I need to clarify this with you because I value an open and honest communication in our relationship. May I request for a time to talk to you about it?

Sentence 1	Content	A _____ B _____ C _____
	Form	A _____ B _____ C _____
Sentence 2	Content	A _____ B _____ C _____
	Form	A _____ B _____ C _____
Sentence 3	Content	A _____ B _____ C _____
	Form	A _____ B _____ C _____

