

#### IGNATIAN PEDAGOGY PARADIGM IPP



# CONTEXT OF OUR STUDENTS \* who they are \* where they are coming from





# CONTEXT

## My Past EXPERIENCES of the World



INTERNAL EVENTS



# Ignatian Prayer & Reflection

#### Communication

### Listen

To look back at the past experiences with a better understanding Meditation brings wisdom; lack of meditation leaves ignorance. Know well what leads you forward and what holds you back, and choose the path that leads to wisdom.



IT IS ALWAYS HELPFUL TO BEGIN OUR PRAYER AND REFLECTION BY STEPPING INTO THE SHOES OF GOD.



IT IS ALWAYS HELPFUL TO BEGIN OUR PRAYER AND REFLECTION BY STEPPING OUT OF OUR SHOES AND CONSIDERING WHAT IS GOOD FOR MORE DESIRE: The grace to be able to see my true context

And when Jesus had finished speaking, he said to Simon, "Put out into the deep and let down your nets for a catch." -- Luke 5:4

"How can continue to do good?" "How can I improve myself and stay positive?" "How can I achieve balance?"

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#### Prayer/Reflection on Context

**The JESUIT SCHOOL where I work:** What's going on in my school? What brings me *joy*? What are things that I can consider as *success* because they're going well? What brings me *pain*? What are the challenges that I need to face and work on?

How do I feel about this?

**The COUNTRY where the school is at:** What's going on in the country? What are things that I am proud of and consider joyful about my country? How did I contribute this? What are things that cause pain and pose as challenges to me and my countrymen? Can I do something about this? **How do I feel about this?** 

#### **EDUCATION IN ASIA PACIFIC:**

What's going on in the region? How much do I know about it? How can the work I do contribute to the field of education in Asia Pacific? Am I challenged to know more about this? **How do I feel about this?** 

My PERSONAL WORLD: What's going on in my life (my family, my relationships, my dreams, my goals, my career)? What are my joys and successes? What things can still be better? What things should I work on? **How do I feel about this?** 

### Plenary:

#### Ask the Questions (SLIDE)

- How was my prayer/reflection time? (Was I able to reflect/pray?)
  - 2. What were some thoughts that struck me?
  - 3. What significant feelings have I experienced?

#### REVIEW OF PRAYER

#### What is it? How do you do it?

#### IGNATIAN REPETITION

#### What is Ignatian Repetition?

Why do it?

How to do it?

# Plenary: Ask the Questions

- 1. Do you have insights from the first prayer/ reflection which were deepened during the Repetition?
- 2. Do you have a better understanding of your feelings after the Repetition? Why do you feel such and where it is coming from?
- 3. Are you inspired to take action? What action is this?
- 4. Do you feel closer to your true self, to your purpose and meaning in life, and to your God?



It is important to be in touch with our real thoughts and feelings because this is where discernment happens. (discernment of God's will and discernment of our life's purpose and meaning)

# A LONG, LOVING LOCK AT THE REAL

By Vinita Hampton Wight on Disposition of Prayer and Reflection